

Team M3 Student & Mentors Featured Time Out Chicago's 2009 Marathon Issue



Zach Burns, 25, Hyde Park

Favorite running accessory?

I never realized the importance of non-cotton socks until now, so I'm obsessed with my Smart-Wool running socks. I also bought a pair of running shorts on deep discount from Fleet Feet that are really short. We're talking Dangle from Reno 911! short. Shows off my milky whites.

Favorite place in the city to run?

I live in Hyde Park, so getting as close to Obama's house as possible is extra incentive. The Secret Service is real fast.

If there was a movie made about you running the marathon, which famous actor would play you?

Steve Buscemi. He looks pretty much how I feel come those later miles.

Nathandla Brooks, 16, Roseland

Favorite running accessory?

My Team M3 shirt by Nike.

Biggest sacrifice you've made while training?

I had to give up my JROTC commander position [at school] because it conflicted with the Team M3 marathon training [a program that pairs adult mentors with Chicago Public School students to run the half-marathon or marathon]. But I always look for a challenge, and I chose marathon training because, to me, it was a bigger challenge.

If there was a movie made about you running the marathon, which famous actor would play you?

Sylvester Stallone because I feel like Rocky when I'm running. The theme music is in my head.



Juan Moreno, 44, Logan Square

Favorite running accessory?

BodyGlide would be high on my list. One of my [friends] has warned me about chapping my nipples from day one, so the BodyGlide has been a must. Also, my girlfriend's running socks.

Biggest sacrifice you've made while training for the marathon?

Chirrisqueez, a delicious concoction that comes straight from my girlfriend's family in Guadalajara, Mexico. Take the finest tequila (reposado or añejo only), plenty of fresh fruit, other secret ingredients and throw it into a bowl; you need two hands to drink it. Since I realized early on that chirrisqueez and my marathon training weren't getting along, I decided to divorce myself from the former...until the afternoon of October 11.

Which part of your body are you loving?

One chin. I'm loving the fact that the second and third ones have gone adios during training.

